



# MOUNTAIN SKI AND SNOWBOARD SCHOOL 2021



**SLOPES OPEN 09H00 - 16H00 7 DAYS A WEEK**

4-hour introductory lesson. This will help you develop a good technique, keep you (and other skiers) safe and make your time on the slopes even more rewarding. We offer group lessons at both beginner and intermediate levels.

	KIDS & YOUTH (6 -12 YEARS)	ADULTS & TEENS (13 + YEARS)
1/2 day (2 hours)	R355	R455
1 day (4 hours)	R495	R655

\*Rates exclude snowpass and equipment rental

## Private Lessons

Start times: 09h00 - 12h00 & 13h00 - 16h00

Ages 3+

Private lessons (for a maximum of 3 people) are available for more personalised tuition (depending on availability).



ADULTS, TEENS & YOUTH	KIDS (3 - 5 YEARS)
R350 per person per hour	R550

\*Includes equipment and snowpass



## Freestyle Lessons

Tues, Weds, Fri, Sat 09h00 - 15h30

More advanced lessons for intermediate and expert skiers and snowboarders. Participation involves riding the T-Bar lift. Helmets are compulsory.



LESSON	DURATION & TIME SLOTS	PRICE	DESCRIPTION
Freestyle Camp	5 hours 09h00 - 12h00 14h00 - 16h00	R655	For advanced skiers and snowboarders only. Learn progression on jumps, boxes and rails. Includes Afriski T-shirt.
Parallel Skiing Clinic	4 hours 09h00 - 12h00 14h00 - 16h00	R550	Min. 2 pax. For intermediate skiers who would like to progress in parallel skiing, long and short turns and pole planting.
Carving Clinic	4 hours 09h00 - 12h00 14h00 - 16h00	R550	Min. 2 pax. For advanced skiers/ snowboarders who would like to improve their carving and riding.
Fresh Tracks	1 hour 08h00 - 09h00	R100/pp	Limited to 20 pax. Early morning skiing/ snowboarding before lifts are open to public. Main slope only.
Race Camp	2 hours 08h00 - 10h00	R1400 Additional person R700/pp)	For advanced skiers/snowboarders only. Race with an instructor. Includes skiing in the race gates, fee for setting up race course and early lift start.
Gate Set Up	2 hours 08h00 - 10h00	R1000	For advanced skiers/ snowboarders only. Includes skiing in the race gates, set up of race course and early lift start. No Instructor.



Bookings are essential at Snow & Bike Rental a day in advance. Helmets mandatory. NO BEGINNERS, must be able to ride the T-BAR lift and ride down the main slope comfortably.